



GLASA 4v4 Tournament Rules Summary

Games Length: Two 12-minute halves with a 2-minute halftime

Field Size: 30 yards wide x 40 yards long

Goal Size: 4 feet tall x 6 feet wide

Roster Size: Maximum of 6 players per team

Substitutions: Allowed on all dead ball opportunities
(with referee's permission)

Age Groups and Divisions: U5-U19 Rec, U7-U10 Academy, U11-U19 Comp
Open to teams from all NTSSA associations, PAL, SDL, and the PrimeTime Sports Academy League

Awards: U5-U8 Recreational = Participation
All other divisions will award trophies for 1st place

Rules:

- No slide tackling
- The ball may not be played higher than 4 ft off the ground
- No player may enter goal area while the ball is in play
- Scoring will be allowed only in offensive half of the field
- Kick-ins from the sidelines, not throw-ins
- Can score directly on all free kicks
(including fouls, kick-offs, and kick-ins)
- The team taking the kick has 4 seconds to play the ball
- Opponents must be at least 4 yards from ball on free kicks
- Players and teams are allowed to "Play-up"
- Rec teams may play in Academy or Comp skill divisions

Complete tournament rules available at www.primetimesportz.com/soccer